

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Predmet: Vodenje participacije in pomoči v skupnosti
Course title: Leading Participation and Help in Community

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Psihosocialno svetovanje, druga Psychosocial counselling, master, second	Psihosocialno svetovanje Psychosocial counselling	Prvi First	Prvi First

Vrsta predmeta / Course type

Obvezni / Obligatory

Univerzitetna koda predmeta / University course code:

VPPS / LPHC

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje work	Druge oblike študija	Samost. delo Individ. work	ECTS
10		10			70	3

Nosilec predmeta / Lecturer:

doc. dr. Janja Mikulan / Assist. Prof. Janja Mikulan, Ph.D.

**Jeziki /
Languages:**

**Predavanja /
Lectures:** Slovensko / Slovenian, Angleško / English

Vaje / Tutorial: Slovensko / Slovenian, Angleško / English

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Pogoj za vključitev v delo je vpis v 1. letnik študija.

Prerequisites:

Prerequisite for the subject is the enrollment in the 1st year of study.

Vsebina:

- Pomen, vloga in načini izvajanja aktivnega državljanstva in družbene participacije.
- Koncept individualne, družbene in okoljske odgovornosti ter njene praktične razsežnosti za študente, širšo skupnost in globalno okolje.
- Participacija in pomoč utemeljena na razumevanju travme.
- Pomen, vloga in načini izvajanja internacionalizacije in mobilnosti v izobraževanju, vključno z aktivno udeležbo na relevantnih predavanjih gostujočih visokošolskih učiteljev in/ali udeležbo na študentski izmenjavi.
- Praktično doživljanje, pisno in ustno reflektiranje ter razprava na podlagi konkretnih primerov koordinacije, participacije in pomoči, npr. opravljanje nalog študenta tutorja, nalog v okviru študentskega sveta, nevladnih organizacij in drugih relevantnih oblik pomoči v skupnosti po dogovoru z nosilcem predmeta.
- Vodenje in koordinacija participacije in pomoči v skupnosti.

Content (Syllabus outline):

- The significance, role and ways of implementation of active citizenship and social participation.
- The concept of individual, social and environmental responsibility and their practical dimensions for the students, the wider community and the global environment.
- Participation and help based on trauma-informed understanding.
- The significance, role and ways of implementation of internationalisation in education, including the active participation at the relevant lectures of the visiting professors and or participation in the student exchange.
- Practical experiencing, written and oral reflection and debate based on the particular cases of coordination, participation and help, such as implementing the tasks of the student tutor, tasks within the Students' Council, NGOs and other relevant forms of community help as agreed by the course coordinator.
- Leading and coordination of participation and help in community.

Temeljni literatura in viri / Readings:

GABOR, Mate. *Navidezna normalnost: Travma, bolezen in zdravljenje v toksični civilizaciji*. Brežice: Založba Primus, 2023.

POWEL, John A. *Belonging: Bridging Beyond Othering*. Berkeley: Othering & Belonging Institute at UC Berkeley, 2024. https://belonging.berkeley.edu/sites/default/files/2024-11/BelongingColorado_OBI_Sept2024.pdf

FILIPOVIČ HRAST, Maša (ur.) in HLEBEC, Valentina (ur.). *Blaginja v skupnosti: razvojni vidiki in inovacije*. Ljubljana: Fakulteta za družbene vede, Založba FDV, 2020.

Drugo aktualno gradivo glede na potrebe.

Cilji in kompetence:

Pridobitev splošnih kompetenc:

- sposobnost uporabe znanja v praksi in izvirnega, kreativnega reševanja problemov v novih ali neobičajnih kontekstih
- avtonomnost v strokovnem delu
- razvoj komunikacijskih sposobnosti in spretnosti, obvladovanje (sodelovanje, koordiniranje, vodenje, soustvarjanje) komunikacije v mednarodnem okolju, tudi z eksperti na drugih področjih
- kooperativnost, delo v skupini (in v mednarodnem okolju)

Pridobitev predmetno-specifičnih kompetenc:

- zmožnost uspešno delati s skupino in/ali kot kosvetovalci, reflektirati učinkovitost skupinskega dela ter jo na podlagi rezultatov refleksije izboljševati
- sposobnost nadgrajevati zgrajeno kritično vrednotenje implikacije problemov kulture, rase, spola, seksualnih orientacij
- sposobnost raziskovanja, refleksije in nadzora svoje osebne vpletenosti v postopke psihosocialne pomoči, ki jih soustvarjajo in vodijo
- zmožnost soustvarjati rešitve psihosocialnih problemov, kreativno ravnati s kompleksnimi, nepredvidljivimi in posebnimi situacijami
- sposobnost uspešnega predvidevanja in obvladovanja posledic ustvarjenih rešitev
- zmožnost avtonomije v profesionalni praksi

Objectives and competences:

Learning unit contributes to the development of generic:

- the ability to apply knowledge in practice and innovative, creative problem solving in new or unusual contexts
- autonomy in professional work
- the development of communication skills, capability to communicate (cooperation, coordination, leadership, co-creation) in international environment and with experts on various fields
- cooperation, working in a group (also in international environment)

Learning unit contributes to the development of subject specific competences:

- the ability to successfully work with groups and/or as co-therapist reflect the effectiveness of group work and improve it based on the results of the reflection
- the ability to expand the existing critical evaluation of the implications of the problems of culture, race, gender, sexual orientation
- the ability to research, reflect and control their personal involvement in the processes of psychosocial help, which they co-create and run
- the ability to co-create solutions to psychosocial problems, to creatively deal with complex, unpredictable and special situations
- the ability to successfully anticipate and manage the consequences of created solutions
- the ability of autonomy in professional practice

Predvideni študijski rezultati:

Študent:

- razume, reflektira in uporablja pomen aktivnega državljanstva, družbene participacije ter individualne, družbene in okoljske odgovornosti
- načrtuje in izkazuje svojo odgovornost do sebe in do skupnosti prek vključevanja v oblike internacionalizacije študija
- aktivno izkazuje in usmerja svojo odgovornost do družbenega in/ali naravnega okolja prek konkretnih aktivnosti v okviru FUDŠ ali v širšem družbenem okolju
- definira, preuči, reflektira in aplicira koncepte družbene odgovornosti na ravni posameznika in podjetij

Intended learning outcomes:

Student:

- understands, reflects and applies the significance of active citizenship, social participation and individual, social and environmental responsibility
- plans and demonstrates her/his responsibility to herself/himself and the community through her/his participation in the internationalisation of the study
- actively demonstrates and steers her/his responsibility to the social and/or natural environment through particular activities within SASS or in broader social environment
- defines, explores, reflects and applies concepts of social responsibility on a level of individuals and organisations

Metode poučevanja in učenja:

- predavanja z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov)
- vaje na seminarski način (refleksija prebranih besedil in lastnih izkušenj, timsko delo, metode kritičnega mišljenja, diskusija, sporočanje povratne informacije, socialne igre)
- vaje, ki temeljijo na izkušenjskem, sodelovalnem in problemskem učenju (samostojno učenje, diskusija, razlaga, opazovanje, timsko delo, študija primera, metode kritičnega branja in pisanja, evalvacija, samoocenjevanje)
- individualne in/ali skupinske konzultacije (diskusija, dodatna razlaga, obravnava specifičnih vprašanj)
- uporaba spletne učilnice oziroma drugih sodobnih IKT orodij

Learning and teaching methods:

- lectures with active participations by the students (explanation, discussion, questions, cases, problems solving)
- seminars (reflections of the read texts and own experience, team work, methods of critical thinking, discussions, reporting feedback information, social games)
- seminars based on experience-based learning, participation in problem learning (independent study, discussion, explanation, observation, team work, case study, methods of critical reading and writing, evaluation, self-evaluation)
- individual and/or groups consultations (discussion, additional explanation, dealing with specific issues)
- use of online classroom or other contemporary ICT tools

Načini ocenjevanja:	Delež (v %) / Weight (in %)	Assessment:
Pisno poročilo o opravljenem delu.	100%	Written report on the completed work.
Oceni se z opravi / ni opravi.		It is graded: passed / not passed.
Ocenjevalna lestvica – skladno s Pravilnikom o preverjanju in ocenjevanju znanja.		Grading - in accordance with the Rules of verifying and assessing knowledge.

Reference nosilca / Lecturer's references:

- MIKULAN, Janja. The European Union's Approach to Security Through the Lens of IR Paradigms. V: Rončević, Borut (ur.), Besednjak Valič, Tamara (ur.), Džajić Uršič, Erika (ur.). *European Union as a Global Agenda Setter?* Maribor: Institute for Local Self-Government, 2024, str. 51-70.
- MIKULAN, Janja, MALINOVIĆ, Martina. Vulnerability and resilience to radicalisation and violent extremism(s) in Slovenia: perceptions at the local level. V: KUKOVIČ, Simona (ur.), RADEVIČ, Ivan (ur.). *Contemporary pathways of European local and regional development*. Maribor: Institute for Local Self-Government, 2024, str. 45-67. Lex localis.
- MIKULAN, Janja. Konflikti in krize v Libanonu: implikacije sektaškega političnega modela. *Teorija in praksa: revija za družbena vprašanja*, jan.-mar. 2021, letn. 58, št. 1, str. 88-111.
- MIKULAN, Janja. Democratization and authoritarianism in the Middle East: dominant paradigms and new perspectives. V: MAKAROVIČ, Matej (ur.), RONČEVIČ, Borut (ur.). *Technology and social choices in the era of social transformations*. Berlin [etc.]: P. Lang, 2020, str. 135-166.
- GOLOB, Tea, KLEINDIENST, Petra, MAKAROVIČ, Matej, MIKULAN, Janja. Challenges of migrant entrepreneurship in selected regions of Central Europe. *Comparative sociology*, 2020, vol. 19, iss. 4/5, str. 609-631.