

## UČNI NAČRT PREDMETA / COURSE SYLLABUS

<b>Predmet:</b>	Supervizija in intervizija
<b>Course title:</b>	Supervision and Intervision

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Socialni menedžment (VS) / Social management (BA)	Program nima smeri / Program has a single course	Drugi / Second	Četrty / Fourth
Prva stopnja / First level		Tretji / Third	Šesti / Sixth

**Vrsta predmeta / Course type** Izbirni / Elective

**Univerzitetna koda predmeta / University course code:** SI / SI

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje work	Druge oblike študija	Samost. delo Individ. work	ECTS
20	0	40	0	0	120	6

**Nosilec predmeta / Lecturer:** izr. prof. dr. Nevenka Podgornik / Assoc. Prof. Nevenka Podgornik, Ph.D.

**Jeziki / Languages:**

<b>Predavanja / Lectures:</b>	Slovenski / Slovenian, Angleški / English
<b>Vaje / Tutorial:</b>	Slovenski / Slovenian, Angleški / English

**Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:** **Prerequisites:**

Ni posebnih pogojev.	No special prerequisites.
----------------------	---------------------------

**Vsebina:**

- Opredelitev pojma in metode supervizije, njenih ciljev in funkcije; obravnavanje modelov, metod in tehnik supervizije
- Razvoj supervizije kot posebne metode
- Pogoji za supervizijo; supervizijski proces; paralelni procesi v superviziji; izkustveno učenje v superviziji
- Intervizija – specifična oblika skupnega učenja strokovnjakov
- Etika v superviziji
- Vodenje dokumentacije o delu v superviziji
- Pomen supervizije za razvoj in ohranjanje profesionalne identitete

**Content (Syllabus outline):**

- The definition of the concept and method of supervision, its objectives and functions; models, methods and techniques of supervision
- The development of supervision as a particular method
- The conditions for supervision; the process of supervision; parallel processes in supervision; empirical study in supervision
- Intervision – a specific form of group study for experts
- Ethics in supervision
- Managing the documentation regarding the work in supervision
- The meaning of supervision for the development and the preservation of professional identity

**Temeljni literatura in viri / Readings:**

Hawkins, P., Shohet, R. (2006): *Supervision in the helping professions*. Philadelphia: Open University Press.

Kobolt, A. (ur.) (2004): *Metode in tehnike supervizije*. Ljubljana: Univerza v Ljubljani, Pedagoška fakulteta.

Kobolt, A., Žorga, S. (2006): *Supervizija: proces razvoja in učenja v poklicu*. Ljubljana: Univerza v Ljubljani, Pedagoška fakulteta.

Žorga, S. (ur.) (2002): *Modeli in oblike supervizije*. Ljubljana: Univerza v Ljubljani, Pedagoška fakulteta.

Milošević Arnold. V., Erzar Metelko. D., Vodeb-Bonač. M., Možina. M. (1999): *Supervizija – znanje za ravnanje*. Ljubljana: Socialna zbornica Slovenije.

Kadushin, A., Harkness, D. (2002): *Supervision in Social Work*. New York: Columbia University Press.

Ladany, N., Bradley, L. (ed.) (2010): *Counselor Supervision*. London. New York: Routledge.

**Cilji in kompetence:**

## Pridobitev splošnih kompetence:

- razvoj komunikacijskih sposobnosti in spretnosti za komuniciranje z različnimi okolji;
- čut za odgovornost do soljudi, družbe in narave;
- sposobnost timskega dela, tj. pripravljenost na sodelovanje, kooperativnost, upoštevanje mnenj drugih in izpolnjevanje dogovorjene vloge v okviru tima in skupine;
- sposobnost mreženja na področju socialnih dejavnosti;
- pripravljenost na vseživljenjsko učenje;
- razumevanje pomena kakovosti in prizadevanje za kakovost strokovnega dela skozi avtonomnost, (samo)refleksivnost in (samo)evalviranje v strokovnem delu.

## Pridobitev predmetno-specifičnih kompetenc:

- sposobnost reflektiranja lastne udeležnosti v skupinskem procesu;
- sposobnost analize skupinskega procesa;
- spoznavanje in razumevanje osnov skupinske dinamike;
- razvijanje senzibiliziranosti za uporabniško perspektivo.

**Objectives and competences:**

## Acquisition of general competences:

- developing communication skills in different communication settings and environments;
- sense for responsibility towards other individuals, society and nature;
- ability of teamwork, ie. willingness to cooperate, cooperate, follow the opinions of others and fulfill the agreed role within the team and team;
- the ability to network in the field of social activities;
- readiness for lifelong learning;
- knowledge of the importance of quality and the pursuit of quality of professional work through autonomy, (self) criticality, (self) reflexivity and (self) evaluation in professional work.

## Acquisition of course-specific competences:

- the ability to reflection of ones own participation in the group process;
- the ability to analyze group process;
- knowledge and understanding of basic group dynamics;
- developing sensibility for the user perspective.

**Predvideni študijski rezultati:**

## Znanje in razumevanje:

- uporabiti relevantne teorije v procesu supervizije in intervizije;
- razlikovati različne modele in vrste supervizije v domačem in mednarodnem okolju;
- identificirati strukturo in procese v superviziji;
- oceniti model in tehniko supervizije;
- voditi supervizijo;

- uporabiti metode intervizije;
- napisati supervizijsko poročilo in voditi supervizijsko dokumentacijo.

**Intended learning outcomes:**

## Knowledge and understanding:

- apply relevant theories to the supervision and intervision process;
- differentiate various models and types of supervision in local and international environment;
- identify the structure and the processes in supervision;
- evaluate the model and the technique of supervision;

- conduct supervision;
- to use the method of intervision;

--

<ul style="list-style-type: none"> <li>• write a supervision report and manage the documentation about supervision.</li> </ul>
--

**Metode poučevanja in učenja:**

<ul style="list-style-type: none"> <li>• Predavanja s poudarkom na interaktivnosti in aplikativnosti</li> <li>• Seminarske vaje (refleksija izkušenj, igra vlog, timsko delo, implementacija spoznanj pridobljenih na predavanjih v prakso, obravnavanje in analiza primerov, zapisovanje supervizijske dokumentacije)</li> <li>• Uporaba spletne učilnice oziroma drugih sodobnih IKT orodij</li> <li>• Individualno delo študentov na vajah in doma v obliki sprotnega opravljanja različnih obveznosti, ki krepijo uporabno znanje študentov</li> </ul>
--

**Learning and teaching methods:**

<ul style="list-style-type: none"> <li>• Lectures with emphasis on interactivity and applicability</li> <li>• Seminar exercises (reflection of experience, role play, teamwork, implementation of lessons learned from lectures in practice and case analysis, annotating the documentation for supervision)</li> <li>• Use of online classroom or other contemporary ICT tools</li> <li>• Individual work of students at exercises and at home in the form of continuous tasks that strengthen students' applied knowledge</li> </ul>
--

Delež (v %) /

Weight (in %) **Assessment:**

**Načini ocenjevanja:**

<p>Način:</p> <ul style="list-style-type: none"> <li>• Obveznosti na vajah (portfolijo supervizijske dokumentacije in refleksij na supervizijske primere in delo na vajah, ustna predstavitev, diskusija, skupinsko učenje)</li> <li>• Pisni izpit (poznavanje vsebin obravnavanih na predavanjih in sposobnost povezovanja teoretičnih znanj s praktičnimi spoznanji)</li> <li>• Aktivno sodelovanje na predavanjih in vajah</li> </ul> <p>Ocenjevanje je skladno s Pravilnikom o preverjanju in ocenjevanju znanja.</p>	<p>40%</p> <p>50%</p> <p>10%</p>	<p>Types:</p> <ul style="list-style-type: none"> <li>• Exercises's assignment (portfolio of documentations for supervision and reflections about cases of supervision and tasks during practice work, oral presentation, discussion, group study)</li> <li>• Written exam (recognizing the contents discussed during lectures and the capacity to connect theoretical knowledge with practical realisations)</li> <li>• Active participation in discussions in lectures and exercises</li> </ul> <p>Grading is in accordance with the Faculty's evaluation Ordinance.</p>
---	----------------------------------	---

**Reference nosilca / Lecturer's references:**

PODGORNIK, Nevenka. *Psihične krize sodobnega človeka. Sociološko-antropološka perspektiva in vpogled v psihoterapevtsko prakso*. Trnava: Univerza Sv. Cirila in Metoda, 2014.

PODGORNIK, Nevenka. *Kriva je Eva: androcentrična konstrukcija stvarnosti in manifestiranje psihičnih kriz žensk*. Ljubljana: Vega, 2012.

PODGORNIK, Nevenka. Mental health as a public social problem. *Global journal of human social sciences*, 2014, vol. 14, issu. 1, str. 22-31.

PODGORNIK, Nevenka. Reality psychotherapeutic process with a person that has mental disorders. *Research in social change*, 2012, no. 4, iss. 3, str. 187-216.

PODGORNIK, Nevenka. Depression: a socio-cultural way of manifesting women's psychological crises. *Anthropological notebooks*, 2012, year 18, no. 2, str. 55-67.

PODGORNIK, Nevenka. Možne paralele med supervizijskim in terapevtskim procesom. *Socialni izziv*, dec. 2010, letn. 16, št. 32, str. 30-32.

PODGORNIK, Nevenka. Reflektiranje učne terapije. *Svet kakovosti*, dec. 2009, letn. 14, str. 28-29.

PODGORNIK, Nevenka. A Psychotherapeutic treatment of psychosomatic problems. *Innovative issues and approaches in social sciences*, 2014, vol. 7, no. 3, str. 148-166.